

# SUMMER

## SCREEN TIME CHECKLIST

before any screen time, you must:

TASKS	M	T	W	T	F	S	S
BRUSH YOUR TEETH							
MAKE YOUR BED							
CLEAN YOUR ROOM							
EAT BREAKFAST							
GET DRESSED							
PUT DIRTY CLOTHES IN HAMPER							
PUT AWAY YOUR TOYS							
READ FOR 20+ MINUTES							
TAKE OUT THE TRASH							
EMPTY THE DISHWASHER							

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[illegible]